NMTS Club Rides During the Pandemic

We are pleased to announce that NMTS will expand our sponsoring of Club Rides that are designed to be in compliance with the New Mexico Department of Health Public Health Order (available at <u>https://cv.nmhealth.org/public-health-orders-and-executive-orders/</u>) and the New Mexico COVID-Safe Practices (available at <u>https://indd.adobe.com/view/3f732e94-0164-424d-9ac6-a0ace27e70c8</u>).

For our Club Rides to be COVID-Safe we will conduct "virtual" rides in which all participants will ride the same course but at different times. Groups of up to four riders may participate together if they follow COVID-Safe Practices.

Specific requirements for submission and conduct of each ride are:

- Each ride will be conducted on a single day.
- The Start Time for each ride will be 01:00 am to underscore that participants are expected to ride at different times.
- The Ride Pace should be entered as "All."
- The Number of Miles should be the planned distance for the ride course. Riders cannot obtain more club mileage credit than this number.
- The start location map must clearly indicate the start location. The Ride Submission Form explains how to create a start location map if the start location is not one of the already provided start locations.
- In the "Description and Route" box add these words: "This Ride is being conducted in accordance with the NMTS Club Rides During Pandemic document that is available on the NMTS website homepage.
- The Ride Leader must provide a turn-by-turn route description or provide a RideWithGPS or similar mapping/queueing capability.
- Mountain Bike and Out of Town rides are fine.

Other Items:

- Recurring (weekly) rides can now be ridden under these guidelines.
- Participants riding in a group should ride at least three bike-lengths apart.
- COVID-Safe practices must be maintained throughout the ride including rest stops. E.g. if you stop along the ride to talk to someone you should put on a mask while not riding.

Mileage Credit:

- After completing their ride, participants should send an email to the ride leader with the miles they rode along the course.
- The Ride Leader will be the sole and final determiner of the club mileage credit that each participant will receive.

• The Ride Leader will submit a consolidated report for all ride participants to the Mileage Chairman (mileagechairman@nmts.org).

If you have any questions or need assistance with submitting a ride you should contact Jim Fordice at <u>mileagechairman@nmts.org</u> or 505-803-3640.